



Vermont Family Caregivers Remote Support Guide – November 2020

Caregivers of Older Adults (ages 18+ caring for an older adult ages 60+ including caregivers of individuals with Alzheimer’s Disease and Related Disorders)

Virtual Education/Training

- [Alzheimer's Association guides](#), [Teepa Snow videos](#), [AARP Home Alone Alliance videos](#), [Phone Apps](#) [Alzheimer's Association training series](#)

Virtual Support Communities

- [Family Caregiver Alliance](#), Phone Support from [Alzheimer's Association 24/7](#), [Memory Café](#)

Supports for caregiving in your home

- [Assistive Devices](#), [Home Modifications for access and safety](#), financial assistance for respite (available through the regional [Area Agencies on Aging](#))

Kinship Caregivers (ages 55+ caring for children 18 and under)

Virtual Education/Training

- [Vermont Kin and Parents Caregiver Resources](#), [Kinship Guide](#), [Vermont Parents Home Companion Guide](#), [Vermont Department of Health Family Wellness](#), [Advanced training for Kin, Foster, and Adoptive Caregivers](#) [Healthychildren.org](#)

Virtual Support Communities

- [National Parent Helpline](#) , [Generations United](#)

Supports for caregiving in your home

- [Assistive Devices](#), [Home Modifications for access and safety](#), Educational electronic devices, financial assistance for extra-curricular activities, camps, childcare (available through the regional [Area Agencies on Aging](#))

Caregivers of Individuals with Intellectual and Developmental Disabilities (any age)

Virtual Education/Training

- [Vermont Communication Taskforce Trainings](#), [Walking the Talk of Presuming Competence](#),

Virtual Support Communities

- [Self, Family, Legal and Legislative Advocacy Groups](#)

Supports for caregiving in your home

- [Family Managed Respite funding](#), [Flexible Family Funding](#), [Bridge Case Management](#)

Other Helpful Resources

[Vermont Elders Resource Guide](#), [Vermont Community of Elders- COVE](#), [Vermont 211](#), [Brain Injury Association of Vermont](#)